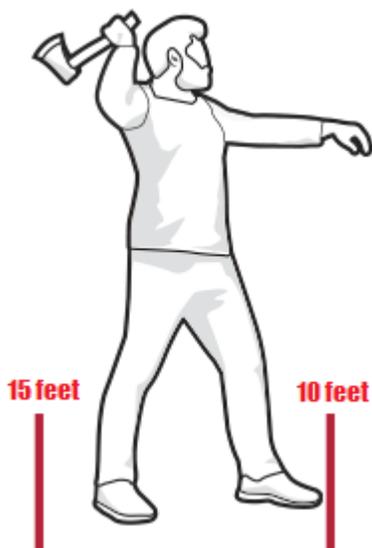


# HIGHLAND ROD & GUN – AXE THROWING

## Axe Throwing Safety

1. One foot must remain on the ground while the axe is thrown.
2. Participants must throw from between the 10-15 feet marked area.
  - A. If a participant's axe throw cannot hit the target from 10 feet they will not be allowed to throw.
  - B. If a participant is throwing from beyond the 15 feet line they will be considered unsafe and will be removed from the range.
3. Any minor throwing axes must be accompanied by an axe throwing adult.
4. Only participants are allowed inside the throw area. All spectators must be the outside the roped off range or at least 10 feet behind the throwers.
5. Any participant attempting to hit a target in another lane will be considered unsafe and will be removed from the range.
6. Any participant or spectator behaving in any manner considered unsafe will be removed from the range.
7. Participants should not drink alcohol before axe throwing. Any person seen drinking alcohol will not be permitted in the axe throwing range.
8. Drinking alcohol while axe throwing is strictly prohibited.



# HIGHLAND ROD & GUN – AXE THROWING

## Axe Throwing Technique

**1. Participants are allowed to throw axes in one of two ways:**

**A. One hand holding the axe, in an overhand position, with the blade facing the target before release.**



**B. Two hands holding the axe with the blade facing the target before release.**



**2. The axe should make only one rotation before hitting the target.**

**3. No other style of throwing is permitted (underhand, sideways, backwards, trick throws, etc.).**

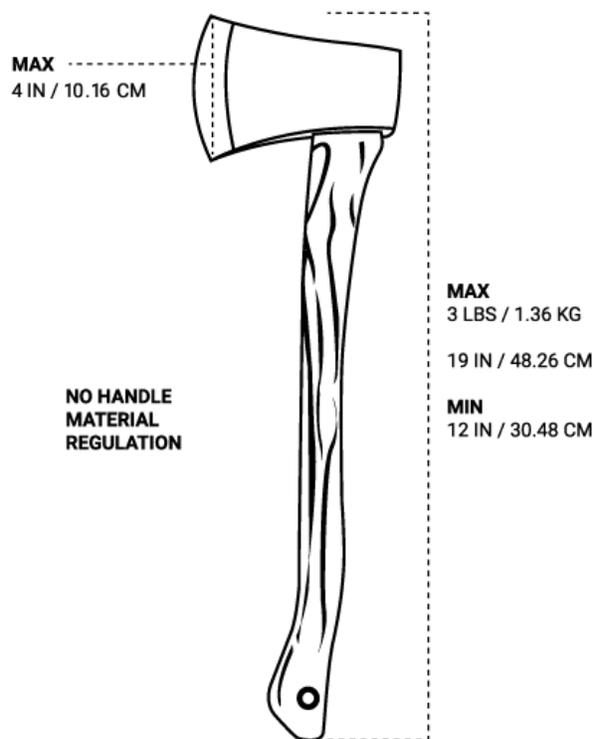
**4. Any participant attempting to throw more than one axe at a time will be considered unsafe and will be removed from the range.**

# HIGHLAND ROD & GUN – AXE THROWING

## Axe Specifications

1. The axe blade should not be longer than 4 inches. This is to be measured from tip to tip in a straight line.
2. Axe handle length should be no more than 19 inches from the bottom of the handle to the top of the axe head.
3. The axe weight should not exceed 3 pounds.
4. Members of Highland's Archery & Axe Committee have to right to deny the use of any axe brought to the throwing range that does not meet these specifications.

**Axes longer than 2' are not permitted.**



Highland's axe throwing rules were derived from the World Axe Throwing League's rules posted on their website <https://worldaxethrowingleague.com/>